

Seeking Participants for a Research Study on the Impact of Religious Dietary Preferences and Practices in Eating Disorder Treatment

This student study, based at McMaster University and conducted by Melody Tjong under the supervision of Dr. Jennifer Couturier, seeks to understand how religious dietary preferences and/or practices influence the treatment experience of individuals with eating disorders. We aim to explore whether treatment meal plans accommodate these dietary needs and how this may impact the overall experience, helping to create a more supportive environment for all patients.

Who can participate?

We are looking for:

- Individuals (ages 16+) with a lived experience of an eating disorder who have completed treatment in Canada
- Family/caregivers who are currently caring for or has previously cared for an individual with lived experience of an eating disorder who have completed treatment in Canada
- Healthcare professionals (including nurses, nutritionists, dietitians, clinicians, therapists and doctors) who are currently or were previously involved in meal planning and treatment oversight for patients with eating disorders in Canada
- Is able to read/write in English

What does the study involve?

Complete a 10-minute long survey online that is designed to capture your unique experiences and insights related to religious dietary preferences and/or practices in eating disorder treatment

Interested in participating? Want to find out more?

If you are interested in participating in the study or would like more information, please scan the QR code to access the survey. The study details can be found at the beginning of the survey questionnaire.

Alternatively, you can visit or copy this link:
<https://linktr.ee/eatingdisorderresearch>



Scan the QR code